

WELCOME TO REGION BERGEN AND NORWEGIAN TRAVEL WORKSHOP

BERGEN

Norwegian Travel Workshop 2017

PROGRAMME



24-27 April
2017



visitBergen.com





Welcome to Region Bergen Norwegian Travel Workshop, 24-27 April 2017



Ole Warberg
Director of
Bergen Tourist Board

As a European City of Culture, World Heritage City and UNESCO City of Gastronomy, Bergen offers world-class experiences and culture. Being the Gateway to the Fjords of Norway, the Bergen region has the ideal combination of nature, culture and interesting urban attractions – all year round. Bergen is an international city packed with history and tradition, a big city with small-town charm and atmosphere. Bergen likes visitors. And Bergen is worth a visit.

Welcome!

Share your experience
#NTWBergen



Experience Bergen with an exclusive «Guest-of-Honour»-card.
The city of Bergen is proud to present a special edition of the «Guest-of-Honour»-card to all participants at Norwegian Travel Workshop. The card is included in your welcome pack and gives you free access or discounts to museums & attractions, sightseeing, concerts & performances, restaurants, scheduled bus travel and Light Rail during your stay in Bergen.



OPENING HOURS DURING NORWEGIAN TRAVEL WORKSHOP
Monday-Sunday: 09.00-16.00

Tourist Information in Bergen
Strandkaien 3, NO-5013 Bergen, Norway
☎ (+47) 55 55 20 00 – info@visitBergen.com
visitBergen.com



Programme for Norwegian Travel Workshop

Saturday 22 April	4
10:00 & 14.00 Fjord cruise Bergen – Mostraumen (3 hours)	
Sunday 23 April	4
10:00 & 14.00 Fjord cruise Bergen – Mostraumen (3 hours)	
18:00 – 23:00 Unique Seafood experience with a boat trip and dinner at Cornelius Seafood Restaurant	
Monday 24 April	4-5
10:00 – 16:00 Suppliers decorate stands at Grieghallen (Dovregubbens hall)	
12:00 – 14:00 Bergen Panorama tour by bus	
12:00 – 15:00 Bergen Coast Adventure – where the history of fisheries comes alive	
10:00 + 14:00 Fjord cruise Bergen – Mostraumen (3h)	
13:30 – 16:00 Site inspection of the new hotels in Bergen city centre and by the airport	
17:30 – 19:00 Seminar for suppliers at Grieghallen (Peer Gynt Salen)	
17:45 – 19:00 Welcome Drink for buyers at KODE – Art Museums of Bergen	
19:30 – 20:00 Opening Ceremony at Grieghallen	
20:00 Welcome party at Grieghallen (foyer 2nd floor)	
Tuesday 25 April	6
09:00 – 12:35 Workshop negotiations at Grieghallen (Dovregubbens hall)	
12:35 – 13:35 Lunch in Grieghallen (foyer 2nd floor)	
13:35 – 16:30 Workshop negotiations continue	
19:10 Meeting time at Bryggen for Dine Around	
19:30 – 23:00 World Heritage Dine-Around followed by After-party at Bryggen	
Wednesday 26 April	8
09:00 – 11:30 Workshop negotiations at Grieghallen (Dovregubbens hall)	
11:35 – 12:35 Lunch in Grieghallen (foyer 2nd floor)	
12:35 – 14:50 Workshop negotiations continue	
16:20 Meeting time at Bergen Tourist Information for activities	
16:30 Activities in Bergen and the region. Choose between 10 exciting tours.	
19:30 Farewell party – “Bergen with a view”, Fløien Folkerestaurant	
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News from Bergen and the Region	19-21
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Pre-programme Saturday 22 to Monday 24 April

Booking and complete programme at visitbergen.com/ntw-activities



Saturday 22 April, Sunday 23 April & Monday 24 April at 10:00 & 14:00

THE GATEWAY TO THE FJORDS OF NORWAY

Fjord cruise Bergen-Mostrauen

Experience fjords and mountains on a 3-hour cruise to Osterfjord and the picturesque Mostrauen.

Details:

Meeting time: 09:50 and 13:50
Departure: 10:00 and 14:00
Duration: 3 hours
Meeting point: Zachariasbryggen quay at the Fish Market.
Capacity: Max. 30 per departure



Sunday 23 April from 18:00 to 23:00

BERGEN – UNESCO CITY OF GASTRONOMY

Unique seafood experience with a boat trip and dinner at Cornelius Seafood Restaurant

Special offer for NTW: Five-course Meteorological Menu / Holmen Special incl boat trip: NOK 750 (ord. NOK 1,300). Drinks not included.

Details:

Meeting time: 17:45
Departure: 18:00
Duration: 5 hours
Meeting point: Bradbenken, Bryggen, opposite Radisson BLU Royal Hotel
Capacity: Max. 100 people



Monday 24 April from 12:00 to 14:00

BERGEN HIGHLIGHTS

Bergen Panorama tour by bus

An introduction to Bergen taking in the main sights by bus. The tour includes beautiful views and a short walk at the UNESCO World Heritage Site – Bryggen.

Details:

Meeting time: 11:50
Departure: 12:00
Duration: 2 hours
Meeting point: Tourist Information at the Fishmarket
Capacity: Max. 50 people
Clothing: Warm dothing and flat shoes for your comfort and safety.



Monday 24 April from 12:00 to 15:00

BERGEN REGION WEST

Bergen Coast Adventure – where the history of fisheries comes alive

The coast of Bergen, including Sotra, Fjell and Øygarden, is the place for active, brisk and exciting experiences. In this region you can take part in spectacular coastal activities, incredible culinary seafood experiences and learn about one of the most exciting episodes in Norway's war history. Tour guide for the whole tour.

Details:

Meeting time: 11:50
Departure: 12:00
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 16 people
Clothing: Warm clothes are essential



Monday 24 April from 13:30 to 16:00

BERGEN HIGHLIGHTS

Site inspection of the new hotels in Bergen city centre and by the airport

Bergen and the region offer a wide range of hotels in all categories. This hotel inspection will focus on the new hotels completed in 2016 and 2017. The total hotel capacity in Bergen and the Region is now 45 hotels with approx. 7,500 rooms and 15,000 beds.

This tour will start at the airport and finish in the city centre.

Details:

Meeting time: 13:20
Departure: 13:30
Duration: 2.5 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 50 people
Clothing: Comfortable shoes

Monday 24 April

🕒 Opening Ceremony, Grieghallen – 19:30



Book at www.rodne.no/fjord-cruise/en/bergen-mostraumen
 Booking code: ntw2017



Opening Ceremony – Grieghallen – 19:30

Enjoy a spectacular welcome ceremony in Bergen's main concert hall. Get a feel of what Bergen has to offer, an introduction to the famous Fjords of Norway and greetings from the heads of the tourism industry in Norway and Bergen. Finally, tune in to the lovely music from our world-famous composer Edvard Grieg and the Bergen Philharmonic Orchestra.

Welcome Party – Grieghallen – 20:00

After a long day, it is time to gather for delicious food and drinks served in the spirit of the UNESCO City of Gastronomy. Be inspired to work hard for the next 2 days and nights!

Seminar for suppliers – Grieghallen – 17:30

In the venue "Peer Gynt-salen", Innovation Norway will present the new Tourism Action Plan. As a supplier, don't miss this opportunity!

Welcome Drink for buyers – KODE – Art Museums of Bergen – 17:45

All buyers are invited for a welcome drink at KODE, one of the biggest art museums in the Nordic region. Bergen has an impressive collection of unique Norwegian and international art treasures, ranging from the classical to the contemporary. Don't miss this unique opportunity to explore collections of Munch, Tidemand and Gude, Picasso, Miró and Astrup at close-hand.



World Heritage Dine-Around followed by After-party at Bryggen

Bergen is a designated World Heritage City. Bryggen (the Wharf) is a part of our common heritage and is inscribed on UNESCO's World Heritage List.

The site consists of the old Hanseatic wharf and buildings, and is one of the best known urban areas from the Middle Ages in all of Norway. In 1360, the German Hanseatic League set up one of its import and export offices at Bryggen. It dominated trade for almost 400 years.

To stroll through Bryggen's narrow alleyways and overhanging galleries is to step back into the mists of time and a bygone era. Today there are more than 20 attractions in the Bryggen area. Bergen is also a UNESCO City of Gastronomy.

At Bryggen you can find several traditional historical restaurants with rich menus featuring seafood, fish and meat based on the traditional western Norwegian cuisine.

Meet no later than 19.10 in front of Bryggen for a welcome session and we will guide you to your restaurant for a lively meal. After a two-course dinner you will be escorted to the heart of Bryggen for the **After-Party** and dessert served by our chefs from the 7 restaurants.



Dine-Around Restaurants



ENHJØRNINGEN (THE UNICORN RESTAURANT) 1

Enhjørningsgården 29 ☎ (+47) 55 30 69 50
✉ info@enhjorningen.no
🏠 enhjorningen.no

Ever since Hanseatic times, when the stockfish trade was an important industry for Bergen, the city has been famous known for its first class seafood.

Raw marinated Salmon
with sesame seeds and spring onion

Lightlig salted Hake
with creamed carrots and bacon

Dessert served at World Heritage After-Party



TO KOKKER 1

Enhjørningsgården 29 ☎ (+47) 55 30 69 55
✉ restaurant@tokokker.no
🏠 tokokker.no

Fish and meat based on traditional western Norwegian cuisine.

Carpaccio of Elk

Herb-baked fillet of Cod
with celery sauce

Dessert served at World Heritage After-Party



BRYGGELOFTET & STUENE 2

Bryggen 11 ☎ (+47) 55 30 20 70
✉ restaurant@bryggeloftet.no
🏠 bryggeloftet.no

Norway is world famous for its lamb, which graze in the mountains in summer, giving it a unique and delicious taste.

Bergen fish soup

Bergen Fish Soup is a velvety mix of cream, fish, and root vegetables lifted with a touch of sugar and vinegar. Served with classic fish dumplings and julienne of vegetables.

Norwegian fillet of lamb

served with fennel, carrots, lamb jus and goat cheese cream.

Dessert served at World Heritage After-Party



BRYGGEN TRACTEURSTED 3

Bryggestredet 2 ☎ (+47) 55 33 69 99
✉ booking@bellevue.no
🏠 bellevue.no

Cured and marinated lamb

served with homemade celery mayonnaise
Curing meat consists of salting, drying and smoking it. It is an old method for conserving food known in Norway for more than a 1000 years.

"Prince fish"

Steamed cod filet on asparagus, garnished with lobster and served with white wine sauce and boiled potatoes.

One of Bergen's famous fish dishes served to Prince Karl XV and Prince Vilhelm of Oranien in 1856.

Dessert served at World Heritage After-Party



SCHØTSTUENE 4

Øvregaten 50 ☎ (+47) 55 33 69 99
✉ booking@bellevue.no
🏠 bellevue.no

Stockfish is unsalted fish - mostly cod - which is naturally dried by sun and wind. Stockfish was of great importance for traders at Bryggen for hundreds of years.

"Surstek" is a traditional dish served all over Norway and prepared in several different ways. In Bergen the roast is marinated in sour milk for several days before being cooked in a tasty broth.

Traditional green pea soup garnished with steamed stockfish

«Bergensk surstek»

Sour roast of beef served with root vegetables and boiled potatoes.

Dessert served at World Heritage After-Party



FINNEGAARDSSTUENE 5

Finnegårdsgaten 2a ☎ (+47) 55 55 03 00
✉ stuene@finnegaarden.no
🏠 dethanseatishotel.no

Norwegian ingredients are the basis for a culinary experience in this basis venue.

Chicken paté

with pear, sourdough toast and a red wine syrup.

Filet mignon

with caramelized shallots, green pepper sauce, parsnip and potato puré.

Dessert served at World Heritage After-Party



FG RESTAURANT 5

Finnegårdsgaten 2a ☎ (+47) 55 55 03 02
✉ fg@finnegaarden.no
🏠 dethanseatishotel.no

Norwegian ingredients are the basis for a culinary experience.

Chicken paté

with pear, sourdough toast and a red wine syrup.

Filet mignon

with caramelized shallots, green pepper sauce, parsnip and potato puré.

Dessert served at World Heritage After-Party





Farewell Party – “Bergen with a view”, Fløien Folkerestaurant

Bergen is surrounded by seven mountains with stunning views of the city, the region, fjords and the ocean. Mount Fløien and Mount Ulriken offers unique hiking experiences.

After the workshop and activities it's time to relax and enjoy a Farewell Party at Mount Fløyen. Take the Funicular to the top of Fløyen and enjoy the panoramic view. Enjoy some good food, great

company and dance the night away at the historic Fløien Folkerestaurant. Don't miss the chance to say goodbye and see you later – in Bergen!

Wednesday Activities – 16:30 to 19:30

We have the pleasure of inviting you to 10 different tours and activities. Choose between a selection of traditional and new experiences Bergen has to offer. Some suitable for groups, others more tailor-made for the occasion. The 10 tours are presented on the following pages.



For all 10 tours:
Meeting point: Tourist Information at the Fish Market
Meeting time: 16:20

Sign up: In the workshop hall (Grieghallen) at Bergen Info. Desk

- Tour 1** Fjord cruise Bergen - Mostraumen
- Tour 2** Bergen by Segway incl. Bergen Aquarium
- Tour 3** Experience Bergen from above with activities on Mt. Ulriken
- Tour 4** Medieval walk around Bryggen Bryggen incl. the silver factory Arven
- Tour 5** Bergen and Edvard Grieg - concert and story
- Tour 6** Cycling through Bergen incl. Magic Ice
- Tour 7** Bergen's seven mountains - Mt. Fløyen
- Tour 8** Seafood tasting with boat trip to Cornelius Seafood Restaurant
- Tour 9** Bergen Highlights by bus
- Tour 10** Veteran boat D/S Stord 1 and knitting history in Salhus

Bergen invites you
NTW – BERGEN 2017
Wednesday 26 April

TOUR
1



THE GATEWAY TO THE FJORDS OF NORWAY

Fjord cruise Bergen-Mostraumen

Experience fjords and mountains on a three-hour cruise to Osterfjord and the picturesque Mostraumen.

Experience the fjords, mountains and waterfalls! On this trip, we take you to the innermost part of **the Osterfjord**, right into the narrow Mostraumen with its strong current. Boats are just able to pass through, which is an experience in itself. Our **modern catamaran** takes you on an adventure featuring several waterfalls and narrow fjords surrounded by steep mountains.

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The scenic experiences start almost as soon as you board the boat, as you pass **Nordhordland Bridge**, Alverstraumen and the **island of Osterøy**. This trip is a perfect fjord experience, with steep mountains and waterfalls, idyllic farms and small villages, fauna and fresh sea air. Guiding in several languages.

Snack and beverage during the trip.

Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 90 people



Contact info:
www.rodne.no
☎ (+47) 51 89 52 70

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World Heritage City



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Wednesday 26 April

TOUR
2

SIGHTSEEING IN BERGEN

Bergen by Segway incl. Bergen Aquarium

Bergen on a segway is a unique, exciting and fun experience through historic alleyways and attractions, and offering breathtaking views of the city.

The Segway tour begins right by the cruise terminal and we start by driving through **Bergenhus Fortress** and its beautiful park. We then continue to historical **Bryggen** (UNESCO World Heritage Site) before heading over to the Fish Market. We then drive to **Bergen Aquarium** where we meet the sea lions, the penguins, the creepy - but great crocodiles, fish and the fascinating snakes. You will learn about the penguins and take part in the feeding. After the visit to the aquarium, we proceed into Nordnes park. This is one of Bergen's most beautiful parks.

The trip continues up to the monastery before we take in some of Bergen's classic alleyways, passing through Galgebakken and Knøsesmauet. From Nordnes we continue to Den Nationale Scene (the theatre), the Blue Stone, **St John's Church**, and **Lille Lungegårdsvannet lake**. We will then take you through the city of Bergen and up Kalfarveien before we drive into Fjellveien. From Fjellveien you will have **a wonderful view** of the city centre and the surrounding areas, and here we guarantee some really good photo opportunities.

The tour begins with basic training.

Share your experience
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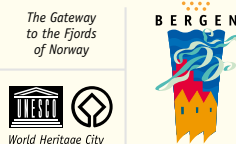


Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 50 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.
Weight: Max 117 kg



Contact info:
www.akvariet.no – ☎ (+47) 55 55 71 71
www.bergensegway.no – ☎ (+47) 471 471 00
www.segwaybooking.no – ☎ (+47) 471 471 11



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NTW – BERGEN 2017
Wednesday 26 April

TOUR
3

THE IDEAL COMBINATION OF NATURE AND CULTURE

Experience Bergen from above with activities on Mt. Ulriken

Zipline – Viking Axe Throwing – “Food Talk” seminar & tasting

The **Ulriken643** double-decker bus and cable car will take you to the highest of Bergen's famous “Seven Mountains”. The tour offers spectacular scenery and mountain terrain 643 metres above the city streets. From the summit, you can enjoy magnificent views of Bergen and the surrounding area - the sea, the islands, fjords and mountains.

Share your experience
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Three fun activities at the summit Mt. Ulriken:

- **Bergen Base Camp:** Zipline is a fun and exciting activity with breathtaking views of the city and the surrounding fjords. It is not physically demanding, but more mentally challenging, with a great sense of achievement after reaching the end. This is the fastest zipline in Norway. It opened in Bergen in June 2016. The zipline starts under the terrace in front of the restaurant on Mt. Ulriken, and goes 300 metres in the direction of Mt. Fløyen. There will be instructors at both ends who will ensure your safety.
- **Bergen Base Camp:** Find your inner Viking and test your axe skills!
- **SkySkraperen restaurant:** Indoor “Food Talk” seminar & tasting with samples of Norwegian cuisine culture.

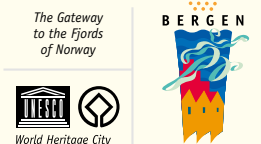
Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 24 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos and multifunctional head wear available.

ULRIKEN



Contact info:
www.ulriken643.no – ☎ (+47) 55 32 55 00
www.bergenbasecamp.no – ☎ (+47) 53 643 643



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Wednesday 26 April

TOUR
4

WORLD HERITAGE CITY BERGEN

Medieval walk around Bryggen incl. the silver factory Arven

The medieval walk starts in **Bryggens Museum**. In the museum's archaeological exhibition you can see the remains of the oldest tenements of Bergen. The exhibition focuses on archaeological finds from Bryggen, and presents international trade from the city's earliest history. The walk continues to **St Mary's Church** nearby. St Mary's Church is one of the oldest buildings in Bergen. The church was built in the mid-1100s, and was from the late medieval period a German church in Bergen. It has the richest church art of all medieval churches in Norway. This tour will end at **Bergenhus Fortress**. The oldest buildings here were part of the first Norwegian medieval castle in Norway, and there will be a visit to **Rosenkrantz tower**. The oldest part of the tower served as a residence for the kings Magnus Håkonsson and Eirik Magnusson until 1299. In the 1560s, the tower was incorporated into the new Renaissance castle built by Governor Erik Rosenkrantz, but it now stands alone. It includes a dungeon from the 1500s. Snack and beverages during the trip.

The **silver factory Arven** is a national manufacturer of silver – and gold products, and has since 1868 delivered quality craftsmanship. Arven is situated in a historic

setting, between St Mary's Church and Bergenhus Fortress. The silver factory has for nearly 150 years had its production in the centre of Bergen, and from 2016 they have opened the doors of their traditional workshop to the public.

Share your experience
#NTWBergen



Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 25 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.

BYMUSEET
BYMUSEET BERGEN

Contact info:
www.bymuseet.no – ☎ (+47) 55 30 80 30
www.arven.no – ☎ (+47) 55 55 14 00

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Wednesday 26 April

TOUR
5

A EUROPEAN CITY OF CULTURE

Bergen and Edvard Grieg – concert and story

An introduction to Edvard Grieg's piano music in beautiful settings.

Experience **Edvard Grieg Museum, Trolldhaugen** – the home of composer Edvard Grieg for 22 years. He composed many of his best-known works in the little garden cabin.

Trolldhaugen in Bergen, the home of composer Edvard Grieg, is now a living museum comprising an exhibition centre with shop and cafe, concert hall, composers' cabin and **Grieg's villa** dating from 1885.

Set in the Grieg Museum grounds next to Grieg's villa, a concert in **Trolldsalen** is an experience not to be missed. The Trolldsalen concert hall seats 189, and is designed with chamber music in mind. In the concert hall, you can listen to Edvard Grieg's music while enjoying the very scenery that once inspired him in his work. Through the large window that adorns the stage, you can see the little cabin where many of Grieg's pieces were composed. The concert hall was renovated in the spring of 2012, and today the quality of the light, sound and vista is better than ever before.

Guiding on the bus to and from Trolldhaugen, and a guided tour of Grieg's villa and the museum.

Snack and beverage during the trip.

Share your experience
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Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 90 people

KODE
KUNSTMUSEET I BERGEN

Contact info:
www.trolldhaugen.no
☎ (+47) 55 92 29 92

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6

SIGHTSEEING IN BERGEN

Cycling through Bergen incl. Magic Ice

Explore Bergen city centre on two wheels, and get a new experience at the hottest place to cool down.

If you want to explore Bergen and see more in less time, a guided bicycle trip is a great choice. On two wheels you can experience the majestic mountain landscape, the fjords, the beautiful coast line and get a great overview of Norway's most charming city.

The 'Downtown Bergen' trip takes you through the city streets. This trip covers most of the urban districts of Bergen, including Marken and Nygårdshøyden, Nøstet, Nordnes and the city centre. The highlights include: **Bergen Cathedral**, the Grieg Hall, **Knøsesmauet alleyway**, Torget square and the **Hanseatic wharf Bryggen**.

On the way to Nordnes, we will visit the **Magic Ice** icebar. This is a wondrous winter wonderland constructed from several tons of ice. The ice bar is the work of world renowned ice carvers, they re-craft the bar several times every year. Magic Ice is the gateway to an adventure far from everyday life with a feeling of being beamed across the Arctic Circle.

Magic Ice is the hottest place to cool down!

Snack and beverages during the trip.

Share your experience

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Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 20 people
Equipment/clothing: Cycling: A helmet, lock, map, tools and a lockable bag will be provided. Icebar: A warm poncho and gloves will be provided before you step inside.



Contact info:

www.norwayactive.no – ☎ (+47) 40 00 40 59
www.magicice.no – ☎ (+47) 930 08 023



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7

WALKING ON MOUNT FLØYEN

Bergen's seven mountains – Mt. Fløyen

A guided tour on Mount Fløyen with great views of Bergen!

Learn about **Norwegian outdoor culture** on a guided walk on Mt. Fløyen, one of Bergen's seven mountains.

This tour is a good choice if you want to see and experience the mountains surrounding Bergen. The guide will take you **through the forest and along hills**. This tour includes soft uphill and downhill walking along on well-marked paths.

Enjoy the nice views of Bergen and nearby areas from different angles. Learn about the Norwegians love of walking, and the history of outdoor activities and sports in this mountain area. You will also get to know the flora and fauna as we pass by.

During the walk we will take a short break during which a Norwegian chocolate snack and water will be served.

Share your experience

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Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 25 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.



Contact info:

www.floeyen.no – ☎ (+47) 55 33 68 00

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TOUR
8



© Hanne Cathrin Olsen



© Hanne Cathrin Olsen



© Hanne Cathrin Olsen



© Truls J. Løtved

BERGEN – UNESCO CITY OF GASTRONOMY

Seafood tasting with boat trip to Cornelius Seafood Restaurant

A beautiful boat trip and a unique seafood experience at Cornelius on Holmen island.

In the area west of Bergen, you will find one of the most exotic attractions in the whole of Western Norway's archipelago. Cornelius is one of Norway's best seafood restaurants. It is situated right by the sea on a small island with spectacular views of the fjord, mountains, skerries, and passing boats and ships.

Inspired by the weather of the day, Cornelius serves its famous **Meteorological Menu** of exquisite seafood and trimmings, prepared using innovative culinary techniques and with a genuine passion for seafood.

Shellfish talk:

On this tour we will meet the shellfish legend Alf Roald ("Bergen's Oyster Dundee") and enjoy his famous shellfish talk, which is a fun and educational start to any event. During the talk, you will taste various delicacies and drinks will be served. His talk describes how Cornelius started, and some breakneck business dealings. It is a story spiced with escapades with women, financial ups and downs, **innovative use of raw materials** and a good deal of Western Norwegian never-say-die spirit!

Share your experience
#NTWBergen



Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 60 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.



Contact info:
www.corneliusrestaurant.no – ☎ (+47) 55 59 04 80



The Gateway
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TOUR
9



© Bergen By Expert



© Old Bergen Museum / Regin Hjertholm



© Norwegian Fisheries Museum



© Bergenhus Fortress

SIGHTSEEING IN BERGEN BY BUS

Bergen Highlights by bus

Our most popular guided bus tour of Bergen, with highlights including a visit to the Norwegian Fisheries Museum and Old Bergen Museum.

Bergen Highlights is a guided tour by bus. In this tour we have included a visit to two of our most popular museums. This tour offers an initial overview of the history and structure of the city. It takes you through the charming streets of Bergen, focusing on the downtown area surrounding the bustling harbour, the **historical Bryggen** (UNESCO World Heritage City), the beautiful city park and adjoining museums.

On this trip, we visit Norway's newest and finest exhibitions about life along the coast and at sea. **Norwegian Fisheries Museum** is located in authentic wharveside warehouses as old as Bryggen. Explore the captivating, interactive exhibitions and learn about the treasures of the ocean, our shared marine resources and about how Norwegian fishermen have lived throughout the ages.

The open-air **Old Bergen Museum** has 55 wooden houses from the 18th, 19th and 20th centuries, most of which originate from Bergen city centre. A visit to Old Bergen provides some answers as well as a breath of nostalgia. Actors make the stories come to life. What could life in

Bergen have been like 150 years ago? What did it look like? What did people talk about? In beautiful surroundings you can meet both landlords and servants from times past.

Snacks from Bergen and a beverage during the trip.

Share your experience
#NTWBergen



Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 50 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.

BergenByExpert

BYMUSEET

Contact info:

www.bergenbyexpert.no – ☎ (+47) 55 70 60 88
www.museumvest.no – ☎ (+47) 55 56 96 00
www.bymuseet.no – ☎ (+47) 479 79 576

The Gateway
to the Fjords
of Norway



Bergen Tourist Board





MARITIME BERGEN

Veteran boat D/S Stord I and knitting history in Salhus

Experience Bergen harbour from a veteran boat, including a visit to the Norwegian Knitting Industry Museum.

We invite you on board the **Steamship D/S Stord I**. The veteran boat was built for Hardanger-Sunnhordlandske Dampskipsselskap in 1913 and was in regular service until 1969. This veteran boat is a **maritime treasure**, bringing back memories of more than a 100 years of steamboat passenger traffic along the coast of Western Norway.

Share your experience
#NTWBergen



Seeing Bergen harbour from the sea is a special experience. We will take you to Salhus, to the **Norwegian Knitting Industry Museum**. Salhus Ticotasjefabrik (Salhus Knitwear factory) is a national industrial heritage site where you can learn about the Norwegian textile industry and working conditions over a period of 150 years.

Snacks and beverage will be served on board.

Maritime Tours is our biggest boat operator, organising tours with all kind of ships for all kind of events.

Details:

Meeting time: 16:20
Departure: 16:30
Duration: 3 hours
Meeting point: Tourist Information at the Fish Market
Capacity: Max. 50 people
Clothing: Warm clothing and flat shoes for your comfort and safety. Rain ponchos available.



Contact info:
 www.maritimetours.no – ☎ (+47) 55 30 80 80
 www.fjordabaaten.ning.com – ☎ (+47) 911 62 906
 www.muho.no – ☎ (+47) 55 25 10 80

The Gateway
to the Fjords
of Norway



Bergen Tourist Board

HOTEL NEWS
visitBergen.com/meetings

HOTEL BOOM IN BERGEN

If all the plans are realised, the number of hotel rooms in Bergen will increase by 80% in six years. There will be 1,200 new rooms in 2017, many of them near the airport.

New hotels:

Bergen Harbour Hotel - 50 rooms - opens April / May 2017 -
 Comfort Bergen Airport - 304 rooms - already opened - choice.no
 Hotel Bergen Børs - 127 rooms - opens 1 May 2017 - debergenske.no
 Hotel Norge by Scandic - 430 rooms - opens May 2018 - scandichotels.com
 Magic Hotel - 217 rooms - already opened - magichotel.no
 Magic Hotel Bergen - 89 rooms - opens 1 May 2017 - magichotel.no
 Magic Hotel Kløverhuset - 47 rooms - opens 1 July 2017 - magichotel.no
 Magic Hotel Xhibition - 50 rooms - opens 1 May 2017 - magichotel.no
 Zander K - 250 rooms - already opened - debergenske.no
 Scandic Flesland Airport - 300 rooms - opens in April 2017 - scandichotels.com
 Villa Terminus - 18 rooms - already opened - debergenske.no
 Opus XVI - 67 rooms - opens Dec 2017 / Jan 2018 - opusxvi.no

Expanded capacity and refurbishments:

Scandic Bergen Airport - 90 rooms refurbished in 2013 - scandichotels.com
 Thon Hotel Bergen Airport - totally refurbished in 2013 - thonhotels.no
 Clarion Hotel Admiral - 70 rooms refurbished in 2013 - choice.no
 Clarion Hotel Bergen Airport - 100 new rooms in 2014 - choice.no
 Scandic Ørnen - 368 rooms, opened in 2014 - scandichotels.com
 Scandic Neptun Hotel - refurbished and 70 new rooms 2015 - scandichotels.com
 Quality Hotel Edvard Grieg - 223 new rooms in 2015 - choice.no
 Clarion Collection Hotel Oleana - 98 rooms, opened in June 2015 - choice.no
 Citybox - 120 rooms from 1 June 2017 - citybox.no

Change of name: Thon Hotel Bergen Brygge => Thon Hotel Orion

EASY TO GET TO
visitBergen.com/transport

DIRECT FLIGHTS FROM US AND CANADA

Direct flights from New York, Boston, Orlando, San Francisco and Los Angeles to Oslo with several connections to Bergen. Icelandair from Anchorage, Boston, Denver, Edmonton, Halifax, Minneapolis/St. Paul, New York - JFK, Montreal, Orlando Sanford, Portland, Seattle, Toronto, Vancouver and Washington D.C via Reykjavik. In addition there are several good connections to Bergen from major hubs such as Amsterdam, Copenhagen, London, Stockholm and Helsinki.

Norwegian expands from US to Bergen:

New York (Newburgh) - Bergen: 2 weekly departures from 2 July to 26 Oct. 2017. Thu/Sun from New York to Bergen. Mon/Fri from Bergen to New York.
Boston (Providence) - Bergen: 2 weekly departures from 1 July to 24 Oct. 2017. Tue/Sat from Boston to Bergen. Wed/Sun from Bergen to Boston. norwegian.com/icelandair.com

EASIER ACCESS FROM ASIA

SAS has a direct flight Shanghai - Copenhagen, and KLM flies Shanghai-Amsterdam. Finnair's summer route Helsinki - Bergen has already opened for more tourism from Asia. They offer daily flights from Tokyo, Osaka, Nagoya, Seoul, Hong Kong, Beijing, Shanghai, Singapore, and Bangkok to Helsinki with good connections to Bergen. Norwegian Air Shuttle operates three weekly flights from Bangkok to Oslo. flysas.com/klm.com/finnair.com/norwegian.com

WIDERØE EXPANDS BETWEEN THE NORTH AND BERGEN

Two daily flights (except Sat.) between Tromsø and Bergen, also with good connections from / to destinations in Finnmark, Lofoten and Vesterålen. Daily connections between Bodø and Bergen, also with good connections from / to destinations in Helgeland, Lofoten and Vesterålen. Daily connection between Evenes and Bergen from April 2017, with a brief stopover (you sit on board) in Bodø. **wideroe.no**

FJORD LINE: DAILY ARRIVALS IN BERGEN FROM THE CONTINENT

With the two new cruise ferries, it is much more comfortable to travel to Bergen. Daily departures all year round on the service between Bergen, Stavanger and Hirtshals. Fjord Line's new cruise ferries are large and elegant, yet cozy and intimate. They are attractive and comfortable, both for those looking for a cruise experience and for those looking for a fast and efficient means of transport.

Daily - all year

Dep. Hirtshals at 8:00 pm. Arr. Bergen at 12:30 pm.
 Dep. Bergen at 1:30 pm. Arr. Hirtshals at 8:00 am*.

DIRECT INTERNATIONAL FLIGHTS TO BERGEN

- Aberdeen (Wideroe)
- Alicante/Alicante-Murcia (SAS, Norwegian)
- Amsterdam (KLM)
- Barcelona (Norwegian, SAS, Vueling)
- Berlin (Norwegian)
- Billund (Sun Air/British Airways, SAS)
- Boston (Norwegian)
- Budapest (Wizzair)
- Copenhagen (SAS, Norwegian)
- Corfu (Norwegian) - seasonal
- Crete - Chania (Norwegian) - seasonal
- Dubrovnik (Norwegian, SAS) - seasonal
- Edinburgh (Norwegian) - seasonal
- Faroe Islands (Atlantic Airways)
- Gdansk (Wizzair)
- Glasgow (Flybe)
- Göteborg (Wideroe)
- Hamburg (Lufthansa) - seasonal
- Helsinki (Finnair) - seasonal
- Katowice (Wizzair)
- Krakow (Norwegian)
- London (Norwegian, British Airway)
- Malaga (Norwegian)
- Manchester (SAS)
- Murcia (Norwegian)
- New York (Norwegian)
- Nice (Norwegian, SAS) - seasonal
- Paris (Norwegian)
- Prague (Norwegian)
- Reykjavik (Icelandair, Norwegian)
- Riga (Wizzair)
- Rome (Norwegian)
- Salzburg (Norwegian) - winter
- Shetland (Bergen Air Transport)
- St. Petersburg (RusLine)
- Stockholm (SAS, Norwegian)
- Vilnius (Wizzair)
- Warszawa (Norwegian)
- Zürich (Swiss)

Fjord trips / Sightseeing

CRUISE WITH FJORD LINE: BERGEN-STAVANGER

Passengers and vehicles can now book domestic journeys between Stavanger and Bergen.

Dep. Bergen at 1:30 pm. Arr. Stavanger 7:00 pm.
Dep. Stavanger 7:00 pm. Arr. Bergen at 12:30 pm.
Tickets can be bought in the Tourist Information in Bergen.
fjordline.com

RØDNE FJORD CRUISE BERGEN-MOSTRAUMEN - DAILY, ALL YEAR ROUND

Experience narrow fjords, steep mountains and several waterfalls. Rødne Fjord Cruise offers fjord cruises Bergen - Mostraumen with M/S Rygercruise at 10:00 and 14:00 - daily, all year round. In July and August, extra departures Thursday to Saturday at 18:00 Duration: 3 hours. rodne.no

NEWS FROM FJORD TOURS

Guided Via Ferrata tour in Bergen

Climb on climbing nets, rope bridge and zip lines. See ruins from the Second World War, parts of a torpedo battery built during the Cold War. Also short lunch stop included. Max. 9 people in the group.

Guided kayak trip in Bergen

This kayak tour takes you to the Herdlefjord just outside of Bergen, an area offering fantastic surroundings where you get to kayak between islands and reefs. Experience the peace of this fjord landscape at close range. There will be a short lunch stop where you can take a closer look at ruins from the second world war. The kayaking takes 3.5 hours and max. number in the group is 10 people.

Bergen Fjord Safari with RIB-boat

RIB fjord trip from Vågen in the city of Bergen, with views of sights such as Bergenhus Fortress and the world-famous Bryggen. Duration: 1.5 h.

For all three tours, tickets can be bought online at visitBergen.com and at the Tourist Information in Bergen or at fjordtours.no

SEGWAY - BERGEN'S BEST VIEWS

Bergen Segway and Segway Tours Bergen offer a unique, exciting and fun experience. Take a ride through historic alleyways and popular attractions and see the breathtaking views from the mountainside.

bergensegway.no / segwaybooking.no

NEW ÉCONOMUSÉE

An ÉCONOMUSÉE experience involves meeting artisans in their work environment, learning in an enriching environment, discovering the beauty & authenticity of products made and sold on site, taking care of culture and traditions, and combining culture, economy and tourism.

Arven: Theodor Olsen Sølvververksted was established in Bergen in 1868, and is today Norway's oldest silver manufacturer. Guided tours show you the silversmiths at work, and the intricate process of turning precious silver into true pieces of art. Now renamed Arven (Heritage). arven.no

Oleana: A journey through the factory following the production process from yarn to finished product. You will learn more about the craft and become better acquainted with the colourful products of Oleana. All products are knitted and sewn in Norway. Oleana's own designer, Solveig Hisdal, takes care to respect and carry on the ideals and richness of our cultural heritage but also takes pride in creating textiles with a modern expression. oleana.no

EXPERIENCE BERGEN AND THE FJORDS FROM THE AIR

Enjoy the magnificent panorama of Bergen and the Norwegian countryside from a seaplane or a helicopter. The interplay between fjords, mountains, waterfalls and glaciers is a symphony for the eye. fonnafly.no / scandinavianskies.net

EXPERIENCE BERGEN FROM THE FJORD WITH ON SAIL BOAT

A two-hour sightseeing and fjord cruise on our beautiful and comfortable sailing boat "First Player", giving you an opportunity to view and experience Bergen from the sea. By Scandinavian Yachters. visitBergen.com/fjordtours

NEW BOAT SERVICE BINDING THE COASTAL REGION TOGETHER

Bergen has a wonderful coastal region extending from the islands in the west to the Atlantic Ocean to nearby fjords. A new boat service is now being launched that will run in summer between the Øygarden islands and the island of Fedje. This will make it possible to take round trips through this wonderful region. visitBergen.com

New attractions / Activities

BERGEN BASE CAMP / FJORD &

Whether your stay in Bergen or Fjord Norway, Bergen Base Camp / Fjord & offers a wide range of activities and tours, for both large and smaller groups, all year.

- Zipline at Mt. Ulriken
 - Panoramic walk across the Vidden plateau
 - 3-hour scenic & cultural walk on Mt. Ulriken
 - Taste of Bergen - two options
 - Cycling and Grieg concert
 - Cycling through Bergen's history
 - Cycling and hiking on Mt. Ulriken
 - Bike rental
 - Fjord tour, kayak and blue ice trip on Folgefonna glacier
 - Trolltunga sunset and sunrise tour
 - Blue ice hike Juklavass glacier
- bergenbasecamp.no / fjordand.com

SEE BERGEN FROM THE SEAT OF A BIKE

Mountain Biking on Mt. Fløyen: Mountain bikes for hire, also for children 6-12 years. Helmets are mandatory and included in the price. You get a map and maintenance equipment on pick up. **Bergen Bike Rent** hire out new off-road bikes (Scott) and E1-bikes (S6-1, S7-1 and S10). The age limit for cycling is 10 years of age. When you hires a bike, you also get a helmet, lock, map, tools and a lockable bag per family. The map contains suggestions for routes that include the highlights of the charming city of Bergen. You should set aside two to two and a half hours for each route with photo stops. The routes are 10 to 12 km and can be cycled by everyone. floyen.no / norwayactive.no

BERGEN FJORD ADVENTURES AS - FJORD CUISINE

The concept of 'Fjord Cuisine' has been created to convey the excitement of preparing food in the wild, and, more importantly, what you can make with ingredients available at the shore. You will be taken to some of the finest fresh seafood and use flavour-enhancing produce by the shore to create a gastronomic experience. bergenfjordadventures.com

BERGEN ADVENTURES - GUIDED WALKS

Discover the city mountains and join a guided walking tour on Mt. Fløyen and Rundemannen incl. the Fløibanen funicular or a hike from Ulriken to Fløyen. bergen-adventures.com

HØYT & LAVT - CLIMBING PARK

With views of Ulriken, Løvtakken and Rundemannen, Høyt & Lavt is the largest climbing park in Western Norway, consisting of 115 elements, 20 zip-lines and 8 runs. hoytlavt.no/bergen

THE HERITAGE ROUTES OF BERGEN

Museum Vest proudly presents "The Heritage Routes of Bergen", offering each visitor a memorable experience of the cultural and historical heritage of Norway, in Bergen as well as in the surrounding areas. Seven different itineraries based on different, very interesting topics: UNESCO Route, Fisheries Route, Fish Farm Route, Oil & Gas Route, War Route, Family Time Travel Route and Outdoors Route. museumvest.no

THRACIAN TREASURES FROM BULGARIA

See unique finds from the ancient Thracian culture at Bryggens Museum in Bergen from 2 Sept - 10 Dec. 2017! Meet legends and gods, such as Orpheus and Apollo and learn about the history of the warlike Thracian people told through the archaeological golden treasures from Bulgaria. These artefacts are only shown outside Bulgaria on rare occasions - in recent years in Paris, Moscow and Tokyo, and now for the first time in Norway. At Bryggens Museum you can experience new stories - told in gold. legenderigull.no

FOOD TOURS

Food is an important part of a country's culture, and food tours are becoming more and more popular among visitors. In 2017, three companies will be organising different types of food tours. Some with a personal guide, while some tours are self-guided. They all offer unique insight into Norway's food culture, combined with a bit of Bergen history. bergenbasecamp.no / bergenfoodtours.no / bergentourguides.no

THE BERGEN CARD - A REASONABLE WAY TO EXPERIENCE BERGEN

If you intend to visit many of the city's attractions and take buses between them, you can make considerable savings by buying a Bergen Card. With your Bergen Card, you travel free on Light Rail and buses in the city and the region. You get free or discounted admission to most museums and attractions as well as many cultural events, various sightseeing tours, restaurants and parking. visitBergen.com/BergenCard

New entries in the Bergen Card from 2017:

- Bjørn West museum - free entrance
- Western Norway Emigration Centre - free admission
- Ytre Arna Museum - free admission
- The Heathland Centre at Lygra - free admission
- Osterøy Museum - free admission
- Bergen Airport Bus (Flybussen) - 20 % discount
- Bergen Bike Rent - 20 % discount on bicycle rental
- Hanseatic Museum - 20 % discount (Oct-April)
- Combination ticket Hanseatic Museum, Schøtstuene and Norwegian Fisheries Museum incl. shuttlebus - 10 % discount (May- Sept.)
- Museum Vest «Beffen»-ferry from Bergen Harbour (Vågen) to Norwegian Fisheries Museum - 10 % discount
- Ulriken Cable Car - 10 % discount
- Ulriken Express Bus - 10 % discount
- Fish Me - 10 % discount on food

Concerts / events / venues

visitBergen.com/events

LARGE AND SMALL FESTIVALS

There's always something happening in Bergen. There are many large and small festivals for every taste throughout the year: different types of music festivals, Viking and Medieval festival, games festival, emigration festival, coastal culture festival, food & beer festival, comics festival and theatre festival, to mention but a few.

DAILY LUNCHTIME CONCERTS AT TROLDHAUGEN

1 MAY TO 30 SEPT

Daily half-hour lunchtime concerts in Troldsalen at 13:00. Now 5 months a year, from 1 May to 30 Sept. SPECIAL OFFER. Bus transport from the Tourist Information to Troldhaugen at 11, incl. guided tour of Grieg's home and 1/2 h. concert in Troldsalen. Return transport to Bergen city centre at 14:00. kodebergen.no / troldhaugen.no

BERGEN PHILHARMONIC ORCHESTRA

One of the world's oldest orchestras, the Bergen Philharmonic Orchestra dates back to 1765, and celebrated its 250th anniversary in 2015. Edvard Grieg had a close relationship with the orchestra, serving as Artistic Director from 1880-82. From August to June they have concerts in Bergen every week (Thu/Fri and some Sat) They also do tours to different countries. harmonien.no

BERGENFEST - LIVE MUSIC FESTIVAL 14 - 17 JUNE

Bergenfest is a four-day open-air festival held in the city centre of Bergen. The festival takes place on the grounds of a medieval fortress and castle in the city's historic centre. The festival will feature around 50 acts altogether. bergenfest.no

UCI ROAD WORLD CHAMPIONSHIPS 2017 IN BERGEN

The City of Bergen and Hordaland county have been awarded the road cycling world championships 2017 - one of the biggest sporting events in the world. Participants from all over the world will compete in the championships, which will attract huge media coverage, with a TV audience of more than 300 million. The championships, which will take place from 16 to 24 September 2017, will consist of 12 championship events in and around Bergen. The beautiful coastal landscape of Askøy, Øygarden and Fjell will form the backdrop to the opening and concluding races. bergen2017.no



BERGEN INTERNATIONAL FESTIVAL - 24 MAY - 7 JUNE 2017

Bergen International Festival was founded in 1953 and has focused on presenting prominent international and Norwegian artists in the fields of music, theatre, dance opera and visual art. The Festival, which is the principal event of its kind in Norway, takes place every year over 15 days at the end of May and presents over 200 events. The Festival dates 2018/19: 23 May-6 June 2018, 22 May-5 June 2019. fib.no

Ole Bull Scene is Bergen's unique house of entertainment, with a restaurant, bars, music and a wide selection of live entertainment in the heart of the city centre. olebullscene.no





Venues

- 1 Grieghallen**
Workshop hall, Opening Ceremony, Welcome Party and Seminar for Suppliers
- 2 World Heritage Dine-Around and After-Party**
Meeting point at Bryggen
- 3 Welcome drink for buyers**
KODE - Art Museums of Bergen
- 4 Farewell Party**
Fløibanen Funicular to Fløyen
Folkerestaurant
- 5 Wednesday Activities**
Meeting point at the Tourist Information

COMMUNICATIONS

- A** Airport bus
- B** Central Bus Station (E4)
- C** Fløibanen Funicular (D4)
- D** Railway Station (E4)

HOTELS

- Buyers and suppliers hotels**
- 1** Clarion Collection Hotel Havnekontoret
 - 2** Radisson BLU Royal Hotel
 - 3** Thon Hotel Rosenkrantz
 - 4** First Hotel Marin
 - 5** Scandic Ørnen
 - 6** Zander K

	Bergen Light Rail		AutoPASS
	Public Building		Hotel

0 300 m

©AdachiMap



BERGEN – EASY TO GET TO

You can **fly to Bergen** direct from more than 35 central locations in Europe, and from most cities in Norway. From the biggest transport hubs, such as Amsterdam, Copenhagen, London, Helsinki, Stockholm, Reykjavik and Oslo, you only need to change plane once to get here from other more distant cities.

From the Continent you can sail to Bergen from Denmark every day with modern cruise and car ferries. Modern express boats and bus routes with panoramic views take you into the famous Norwegian fjords and along the coast – which are included on UNESCO's World Heritage List of nature attractions. Bergen is the most popular cruise destination in Norway and is also the turn-around port for the world famous Hurtigruten – which sails all the way up to the Russian border in the north.

The spectacular train journey between Oslo and Bergen should not be missed, nor Norway in a nutshell® the No 1 round trip in Norway.



BERGEN REISELIVSLAG · BERGEN TOURIST BOARD · visitBergen.com

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